

NORTHPOINT

P E T / C T

12606 Greenville Avenue, Suite 185 | Dallas, TX 75243
Phone: 469.364.7880

PET Scan Preparations:

- Avoid eating or drinking anything except water for 6 hours before your scan (including candy, mints, gum or coffee). Try to drink 6-8, 8-oz. glasses of water before your appointment.
- Avoid strenuous exercise the night before, and the day of your exam.
- Dress comfortable in loose clothing (clothing without metal snaps or buttons is best).
- Inform your doctor if you are diabetic, pregnant or a nursing mother.
- Take prescribed medications as usual.
- Arrive 10-15 minutes before your appointment time.
- If you are diabetic, eat a light low-carbohydrate meal 4 hours prior to your scan and then take your insulin or oral medication. Your blood sugar level should be less than 150 mg/dl when you arrive for your scan.

PET Scan Procedure:

- For the scan you will receive a small amount of radioactive glucose (blood sugar).
- You will rest quietly in a comfortable chair for approximately 60 minutes, while the glucose is distributed throughout your body.
- Then you will lie on a table that passes slowly through the scanner. The scanner resembles a CT scanner, but has a larger opening.
- The scan takes approximately 20 minutes.
- Once the PET scan is complete you will be able to leave.

www.dallaspetct.com

NORTHPOINT

P E T / C T

12606 Greenville Avenue, Suite 185 | Dallas, TX 75243
Phone: 469.364.7880

REQUEST FOR STUDY

Date: _____ Time: _____

Patient Information

Patient's Name: _____ DOB: _____ Ht: _____ Wt: _____
Diabetic: ___ Yes ___ No Claustrophobic: ___ Yes ___ No Pregnant: ___ Yes ___ No
Allergies: _____
Has patient been on antibiotics or had surgery in the past six months? ___ Yes ___ No
If yes, explain: _____

Please fax a copy of front & back of patient's insurance card(s).

PET/CT Scan:

___ **Standard Body** (eyes to thighs protocol) ___ **Brain** (brain protocol)
___ **Whole Body** for Melanoma (head to toe protocol) ___ **Alzheimer's Disease**
___ **Body with head** for known or suspected brain mets

Reason for Study:

___ Initial ___ Restaging Other _____
___ Treatment Response to _____ ___ Diagnosis of _____
Diagnosis: _____ IDC 9 Code: _____

Complete this box only for suspected Alzheimer's Disease & Frontotemporal Dementia.

- Date of onset of symptoms Date: _____
- Diagnosis of clinical syndrome (e.g. normal aging, mild cognitive impairment or MCI; mild, moderate or severe dementia) Date: _____
Examiner's name: _____
- Mini mental status exam (MMSE) or similar test score Score: _____ Date: _____
- Presumptive cause (possible, probable, uncertain AD) _____
- Any neuropsychological testing performed In patient chart: Yes _____ No _____
Tests: _____
- Results of any structural imaging (MRI or CT) performed MRI _____ CT _____ Positive _____ Negative _____
- Relevant laboratory tests (B12, thyroid hormone) In patient chart: Yes ___ No ___ Date: _____
- Number and name of prescribed medications In patient chart: Yes ___ No ___

Ordering Physician: _____ Physician's Signature: _____